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## WHAT IS CLAIMED IS:

- 1. A medical testing system comprising:
  - (a) an instrument for monitoring a characteristic of a patient; and
- (b) an illuminating component for illuminating the instrument, the instrument including:
  - (1) a component for selectively activating and deactivating the illuminating component; and
  - (2) a deactivating component for automatically deactivating the illuminating component, after a predetermined period of time has elapsed.
  - 2. The system of claim 1, wherein the instrument includes a work surface and the illuminating component illuminates the work surface.
  - 3. The system of claim 1, wherein the instrument further includes a keypad and the illuminating component illuminates the keypad.
  - 4. The system of claim 1, wherein the component for selectively activating and deactivating includes a toggle switch.
  - 5. The system of claim 1, wherein the instrument includes a keypad having a plurality of keys, each associated with an instruction.
  - 6. The system of claim 5, wherein the instrument includes a determining component for determining whether a key has been pressed by a user.
- 7. The system of claim 6, wherein the deactivating component will automatically deactivate the illuminating component if a key has not been pressed by a user for the predetermined period of time.
  - 8. A medical testing method comprising the steps of:
    activating an illuminating component positioned relative to an instrument for monitoring a characteristic of a patient, the instrument including a

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keypad having a plurality of keys;

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determining if a key on the plurality of keys has been pressed by a user; and

automatically deactivating the illuminating component if a key of the plurality of keys has not been pressed within a predetermined period of time.

- 9. The method of claim 8, further comprising the step of deactivating the illuminating component when a toggle key has been pressed.
- 10. The method of claim 8, wherein the characteristic is the electrical activity of the heart of the patient.
- 11. The method of claim 8, wherein the determining step includes the step of scanning the keypad for sensing if a key has been pressed by a user.
- 12. The method of claim 11, further comprising the step of starting a timer, after the activating step, for timing the predetermined period of time.
- 13. The method of claim 12, further comprising the step of stopping the timer when a key of the plurality of keys has been pressed by a user.
- 14. The method of claim 13, further comprising the step of resetting the timer after the timer has stopped.
  - 15. A medical testing system comprising:
- (a) an instrument for monitoring the electrical activity of a patient's heart;
- (b) an illuminating component for illuminating the instrument, the instrument including:
- (1) a component for selectively turning the illuminating component on and off; and
- (2) a component for automatically turning the illuminating component off, after a predetermined period of time has elapsed.
  - 16. The system of claim 15, wherein the illuminating component includes at least one LED.

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- 17. The system of claim 15, wherein the instrument includes a work surface and wherein the illuminating component illuminates the work surface.
- 18. The system of claim 15, further includes a supporting component engaging the instrument for supporting the illuminating component above the instrument.
- 19. The system of claim 17, wherein the instrument includes a keypad and wherein the illuminating component illuminates the keypad.
- 20. The system of claim 17, wherein the instrument further includes a printing component for printing on a medium a graphical waveform representing the electrical activity of the heart.
- 21. The system of claim 20, wherein the illuminating component illuminates the medium as it moves along the work surface.
- 22. A computer program for performing a method comprising the steps of:
  activating an illuminating component positioned relative to an
  instrument for monitoring a characteristic of a patient, the instrument including a
  keypad having a plurality of keys;

determining if a key on the plurality of keys has been pressed by a user; and

automatically deactivating the illuminating component if a key of the plurality of keys has not been pressed within a predetermined period of time.

23. The computer program of claim 22, wherein the predetermined period of time is 60 minutes.

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24. A medical testing system comprising:

(a) means for monitoring the electrical activity of a patient's heart;

(b) means for illuminating the instrument; the instrument including:

(1) means for selectively turning the illuminating component on

and off;

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(2) means for automatically turning the illuminating component

(2) means for automatically tur off, after a predetermined period of time has elapsed.